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Dermoscopy Pigmented Lesions

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No Disclosures





Diagnostic Certainty



Dermoscopy

- ✓ Improves diagnostic accuracy by 10-27%
 Only for experienced examiners*
- ✓ Decreased biopsy benign:malignant ratio from 18:1 to 4-5:1
- ✓ It does not take up much time ✓ 70 seconds → 140 seconds









GOALS



Dermoscopy Role in Overdiagnosis

Future of Dermoscopy/Total Body Photography



Benign Nevus Patterns





Melanoma Specific Structure



AP

JAMA Dermatology | Original Investigation

Accuracy of Dermoscopic Criteria for the Diagnosis of Melanoma In Situ

Aimilios Lallas, PhD; Caterina Longo, PhD; Marco Manfredini, MD; Elisa Benati, MD; Graziella Babino, MD; Chiara Chinazzo, MD; Zoe Apalla, PhD; Chryssoula Papageorgiou, MD; Elvira Moscarella, MD; Athanassios Kyrgidis, PhD; Giuseppe Argenziano, PhD

- Melanoma in Situ and Atypical Nevi
 - Regression
 - Atypical network
 - Irregular dots/globules
- Melanoma in Situ
 - Irregular Hyperpigmented areas
 - Prominent skin markings





Not Black and White

- 1. Skin Phototype
- 2. Age
- 3. Location
- 4. Clinical History1. 0,1,2,3 melanomas?2. Familial?





Zalaudek, Iris et al. "Using dermoscopic criteria and patient-related factors for the management of pigmented melanocytic nevi." Archives of dermatology 2009





• Globular Nevi are found on head, neck, upper chest

- Reticular Nevi are found on head, neck, upper chest and extremities
- GLOBULAR NEVI VERY RARE ON EXREMITIES









Negative Pigment Network



- OR 1.8 for melanoma
- Spitz, Melanocytic Nevi, Dermatofibroma
- Melanoma: irregular distribution, peripheral distribution

MITF Mutation

- p. E318K mutation
- 3-5 fold increase risk of melanoma
- Increase risk of multiple primary melanomas
- Increase risk of melanoma arising in dysplastic nevi
- Dermoscopy:
 - Nevi: reticular
 - Melanoma: unspecific pattern

Ciccarese, G. et al. Clinical, pathological and dermoscopic phenotype of MITF p.E318K carrier cutaneous melanoma patients. J Transl Med 18, 78 (2020).

Roccuzzo G, et al. Phenotypic and Dermoscopic Patterns of Familial Melanocytic Lesions: A Pilot Study in a Third-Level Center. Cancers. 2023



Pizzichetta M, et al. Negative pigment network: an additional dermoscopic feature for the diagnosis of melanoma. J Am Acad Dermatol. 2013.



Melanoma In Situ





Source - U.S. Cancer Statistics Working Group. U.S. Cancer Statistics Data Visualizations Tool, based on 2022 submission data (1999-2020): U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute; <u>https://www.cdc.gov/cancer/dataviz</u>, released in November 2023.

Source - U.S. Cancer Statistics Working Group. U.S. Cancer Statistics Data Visualizations Tool, based on 2022 submission data (1999-2020): U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute; <u>https://www.cdc.gov/cancer/dataviz</u>, released in November 2023.



Underdiagnosis \rightarrow Overdiagnosis



MELANOMA EPIDEMIC

- UV exposure
- Increased public awareness/early recognition campaigns
- Technological innovations
 - Dermoscopy
- Lower threshold histologically to diagnose
 - Overdiagnosis



Challenges



 Dermoscopy + clinical context



Australasian Journal of Dermatology (2015) 56, 52-55



doi: 10.1111/ajd.12203

- ✓ Multiple melanocystic nevi
- ✓ Static evaluation ≠ biologic
 behavior

A short dermoscopy training increases diagnostic performance in both inexperienced and experienced dermatologists

BRIEF REPORT

Ines Chevolet,¹ Isabelle Hoorens,¹ Astrid Janssens,² Reinhart Speeckaert,¹ Nanja Van Geel,¹ George Van Maele,⁵ Katrien Vossaert,⁴ and Lieve Brochez¹

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Two Step Method

- Total Body Photography (TBP) + sequential digital dermoscopy
- High risk populations: decrease excisions, increase early detection
- Improves SN/SP new/changing lesions
- 3-4 fold reduction in nevus biopsies with TBP



Sequential Digital Dermoscopy

- Diagnostic advantages are greater when combined with TBP
- Short term follow up (3-4 months): improves compliance
- 3.3-fold reduction in unnecessary biopsies
- Argenzo et al:
 - Melanomas biopsied
 - 33%: baseline
 - 26% STFU
 - 41.1% LTFU
 - BD of invasive melanomas at baseline significantly greater compared with those during follow-up















0.1 mm melanoma



Future

- Artificial Intelligence (AI)
- Increase use of teledermoscopy to improve access to care and triage



The FotoFinder AI Score

Artificial Intelligence in the pre-assessment of skin lesions

The optional AI Score is the perfect support for the pre-assessment of melanocytic and non-melanocytic skin lesions. Both sensitivity and specificity are impressive! To use the full benefits of FotoFinder Artificial Intelligence, you need internet access and a "PRO" account in the FotoFinder Hub.

more

NOT AVAILABLE IN THE U.S. AND CANADA

Take Home

- Dermoscopy: improved diagnostic accuracy and early detection of melanomas
- Requires Training + clinically history

 Total Body Photography and Sequential Digital Dermoscopy: early detection of melanoma with decrease unnecessary biopsies





References

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Zalaudek I, Schmid K, Marghoob AA, et al. Frequency of Dermoscopic Nevus Subtypes by Age and Body Site: A Cross-sectional Study. *Arch Dermatol.* 2011;147(6):663–670. doi:10.1001/archdermatol.2011.149

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Salerni G, Carrera C, Lovatto L, Puig-Butille JA, Badenas C, Plana E, Puig S, Malvehy J. Benefits of total body photography and digital dermatoscopy ("two-step method of digital follow-up") in the early diagnosis of melanoma in patients at high risk for melanoma. J Am Acad Dermatol. 2012 Jul;67(1)

Drugge ED, Sarac RM, Elston DM, Drugge RJ. Correlation of total body photography frequency and invasive melanoma depth. J Am Acad Dermatol. 2020 Mar;82(3):768-769

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Questions?

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